## London University & College Open 2024.

University of East London. 12th November '23.



Top Left to right: Ankit, Alex, Ammar, Jack, Ali, Beyza, FG Second row: Balazs, Bowen.

This is a gruelling day for yours truly. Picking students up for the drive up, first one 4.45am, last group from the campus at 5am — sharp. First weigh-ins 8am, or so we thought. Finally got back home at just gone 9pm after dropping off the team and returning the minibus. There was a well earned dinner in there too but a long old day. However, very worth it!

So, Ankit & Ali started judo last year albeit towards the end for Ali. Alex Balazs and Ammar have done judo or similar for some time, all the rest started at the beginning of term, last month!

## The medals:

Ankit: Gold (over 21) & Silver (u21) u66kgs

Alex: Silver higher grade o21.u66kgs

Ammar: Bronze u21 u66kgs

Jack: Silver u21 u66kgs

Ali – one win, 2 losses.

Beyza: Silver u57kgs

Balazs: Gold u21 & o21 u66kgs.

Bowen: Silver u21 Bronze o21, u81kgs

University of Bath, came third over all out of 33 universities entered. A very solid start. Looking forward seeing how everyone does at BUCS in February! That's the target event and we're gunning for it!